

“There was never a doubt in my mind,” says Kathy Tremblay, who will experience her second Olympic Games

Montréal, June 12, 2012 (Sportcom) – Canada will be counting on five representatives, including Quebecker **Kathy Tremblay**, in the triathlon competitions at the Olympic Games being held in London this summer. Triathlon Canada announced the names being submitted to the Canadian Olympic Committee via teleconference on Tuesday at noon. This is the fourth time that triathlon will be included at the Olympics.



Paula Findlay will join Tremblay in the women’s competition, while Canada will be able to count on a full team on the men’s side thanks to two-time Olympic medallist Simon Whitfield, who will be joined by Kyle Jones and Brent McMahon.

“I never doubted that I would be in London, even if I had some shaky seasons. Having my coach **Alex (Sereno)** come back into my life last fall is what sparked it. To go to the Olympics, you have to be able to manage everything that is going on and you have to enjoy what you’re doing,” said the Montrealer, who is originally from Gatineau.

"I'm more mature than I was in Beijing," she continued. Tremblay finished 31st at the 2008 Olympics. "I believe in what my coach is doing and when I am lined up at the starting line, I know that I will have no regrets. My legs have more miles on them and I am satisfied with all the work I have done. I have a much more positive frame of mind."

When asked if she has a goal with respect to ranking, Tremblay, who will turn 30 years old on Saturday, did not want to give a specific answer.

"I won't be aiming for a specific ranking and it's the same strategy for the race. The race will be like an test; I will let it come to me and it will be up to me to react to what happens. I don't want to think in London; I just want to do what I've been doing in my training."

Slow recovery for Findlay

Paula Findlay shook the triathlon world in 2010 and 2011, winning five events in the World Series. Unfortunately for her, things could be different in the British capital. Slowed down by a hip injury for several months now, Findlay has been absent from the international scene this season.

In a teleconference, the athlete who is originally from Edmonton was vague with respect to her injury, stating that the situation she was in was a "good challenge" and that it was unlikely that she would be participating in a race before the Olympics.

She did, however, say that she was ready to give it her best on August 4.

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Partenaires

