



## Canada's Kathy Tremblay Crashes at ITU Triathlon World Championship Series in Madrid

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**MADRID, Spain**—Canada's Kathy Tremblay had a difficult return to the ITU World Championship Series when she crashed during the bike portion of the race on Saturday in Madrid, Spain.

The 27-year-old Tremblay was turning in a solid performance after a strong swim where she exited the waters of Casa de Campo Park in the heart of Madrid just 15 seconds back of the leader.

The big pack was divided in two groups of nearly 20 girls after the first climb, but the 2008 Olympian was amongst the chase pack that closed the gap in lap four on one of the most difficult 40-kilometre bike courses the world's best triathletes face, which includes a 12-per cent grade climb over 400 metres. Athletes summit the climb eight times through the course.

One athlete in the pack fell in the final leg of the bike forcing a number of riders including Tremblay to the pavement just prior to the entrance of the second transition into the run. Tremblay suffered a number of bad scrapes and bruises to her shoulder and back in the fall and did not finish the race.

"We are not sure exactly what happened to cause the crash, but think it happened as a couple of girls were fighting for position heading into the transition," said David-James Taché, who is Tremblay's personal coach. "Kathy was having a really good race before the fall. The medical team took care of her and we are hoping she will be fine to race next week."

Battling through a warm swim and hilly bike course, the third leg of the World Championship Series came down to an exciting 10-kilometre run with a group of seven athletes staying close to each other until the podium finishers pulled away on the bell lap.

Switzerland's Nicola Spirig was unstoppable en route to sprinting to the top of the podium. Spirig clocked a golden time of two hours six minutes one second (2:06:01). Emmie Charayon had the race of her life after finishing second with a time of 2:06:05. Helen Jenkins, of Great Britain held on for third spot at 2:06:09.

Kyle Jones will be the lone Canadian to hop onto the pontoon and start the men's race Sunday against many of the world's best in Madrid. The men's race, which starts at 7 a.m. EST can be viewed at [www.triathlon.org/tv](http://www.triathlon.org/tv).

Created in 2009, the ITU World Championship Series is an innovative series that allows the world's top triathletes to compete in eight races around the world. Athletes, who start in Sydney, will travel the globe to compete in Asia, Europe and North America, culminating with the Grand Final in Budapest in September.

Triathlon Canada is the governing body for triathlon in the country. Recognized as an Olympic medal sport since 2000, Triathlon Canada's mandate is to promote, foster, organize and develop the sport of triathlon, and its related disciplines, in Canada. For more information on Triathlon Canada, please visit us at [www.triathloncanada.com](http://www.triathloncanada.com) on the Internet.

Complete World Championship Series Results (1.5 km swim, 40 km bike, 10 km run): [www.triathlon.org](http://www.triathlon.org)

Top-Five Women's and Canadian Results;

1. Nicola Spirig, SUI, 2:06:01;
2. Emmie Charayon, FRA, 2:06:05;
3. Helen Jenkins, GBR, 2:06:09;
4. Mariko Adachi, JPN, 2:06:33;
5. Sarah Haskins, USA, 2:06:48

Canadian Results:

DNF. Kathy Tremblay, Montreal

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