



## Triathlon – World Championship Series

### Kathy Tremblay Forced to Withdraw

Montréal, June 5, 2010 (Sportcom) – Triathlete **Kathy Tremblay** had to resign herself to the fact that she wouldn't finish the World Championship Series race held Saturday in Madrid, Spain, after she was involved in a collision.

There were only a few metres left in the bike portion when the athlete from Montréal was struck. She fell to the ground and a pile-up ensued. "I was the last one to get up because I was on the bottom of the pile. People even ran over me," she said with a smile, despite what had just happened.

It's too bad, too, because Tremblay seemed to be having a good day; she had completed the swim in 16<sup>th</sup> place. On the bike, she was relegated to the second peloton, but she and the other competitors managed to catch up with the lead peloton before the collision occurred.

"I made it to the transition zone without my bike, and I began the run, but I had too much pain in my elbow and knee. I really fell hard," she added. "I'm a little beat up and I have some bruises, but nothing is broken."

"I felt so good," Kathy Tremblay told Sportcom. "There are days where everything seems to fall into place to have a good day, but then something happens that is out of your control, and all is lost. I hope I'll feel this good for my next competition."

Nicola Spirig of Switzerland won the race, beating out Emmie Charayon of France and Helen Jenkins of Britain at the finish line.

The next event in the World Championship Series will take place July 18 in Hamburg, Germany, but before that, Tremblay will participate in the World Cup race in Des Moines, Iowa, next week..

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