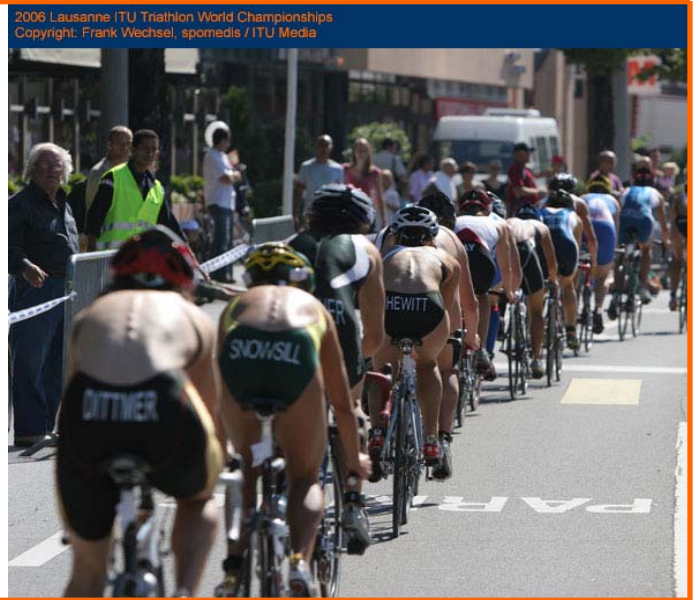


Written by: Jean-Pierre Boisvert



Triathlon – World Championships

Kathy Tremblay ranks 25th

Canadian Lauren Groves Finishes Fourth

MONTREAL, September 3, 2006 (Sportcom) – **Kathy Tremblay** took 25th place in the women's elite at the Triathlon World Championships on Sunday, in Lausanne, Switzerland.

The Gatineau-native from Montreal clocked a time of two hours, eight minutes and 29 seconds. For the third time since her 2003 and 2005 wins, Australia's Emma Snowsill (2:04:02) won the race, beating out Portugal's Vanessa Fernandes (2:04:48). Australian Felicity Abram (2:05:13) grabbed the bronze. Canadian Lauren Groves from Victoria narrowly missed the podium, finishing instead in fourth place (2:05:24).

Kathy Tremblay finished with a time of 19:12 in the 1.5-km swim, 1:09:52 in the 40-km bike and 37:59 in the 10-km run. "I am really satisfied with my run even if it isn't the placing I anticipated, I was aiming for the podium. However, it's like they say, 'welcome to the big leagues'," exclaimed the 24-year-old athlete. "For me, the goal was to complete a good swim and I was the fifth to exit the water. It was really tough during the bike. There were seven circuits and two big hills per circuit. I wanted to give it my all to avoid being left alone. I really didn't want to fall behind. I was overtaken, but afterwards, I hooked up to a group of girls and we caught up to the pack."

“As for the run, I simply had to run faster. The caliber here was very high. I want to push myself harder when training, and to be a champion, you have to train with champions,” said Tremblay who adds that she could very well take the winner (Emma Snowsill) up on her invitation to train with her in Australia.

“Since my trainer is no longer available, I have to look into finding another one soon,” she announced. Kathy Tremblay will remain in Europe for the World Cup in Hamburg, on September 7th, and will then return to Quebec before heading off to China for another World Cup. Her season will come to an end after the championships in Cancun this November.

The only other female Quebec athlete, **Samantha McGlone** (2:11:43), took 39th place. Completing the Canadian line-up was Carolyn Murray (2:10:30) who finished in 33rd place.

Among the juniors, on Saturday, Quebecker **Marianne Hogan** (1:09:32) took 24th place in a race (750-m swim, 20-km bike and 5-km run) won by Canadian Kirsten Sweetland (1:05:58). Thanks to the 19-year-old athlete from Victoria, this is the first gold medal for Canada in the World Juniors. In 1992, Kirstie Otto earned bronze. Tremblay qui ajoute qu'elle pourrait bien accepter l'invitation que lui a faite la gagnante de l'épreuve (Emma Snowsill) d'aller s'entraîner avec elle en Australie.

« Mon entraîneur n'étant plus disponible, je vais voir à m'en trouver un autre prochainement », a-t-elle fait savoir. Kathy Tremblay reste en Europe pour une Coupe du monde à Hambourg le 7 septembre, après quoi elle reviendra au Québec avant de prendre la direction de la Chine pour une autre Coupe du monde. Après une compétition à Cancun en novembre, sa saison sera terminée.

La seule autre Québécoise participante, **Samantha McGlone** (2 :11 :43), s'est classée en 39^e position. Carolyn Murray (2 :10 :30) a complété le tableau canadien en 33^e place.

Chez les juniors, samedi, mentionnons que la Québécoise **Marianne Hogan** (1 :09 :32) a pris le 24^e rang, dans une course ((750 km de nage, 20 km de vélo et 5 km de course à pied) remportée par la Canadienne Kirsten Sweetland (1 :05 :58). C'est la première fois, grâce à l'athlète de 19 ans de Victoria, que le Canada enlève la médaille d'or aux Mondiaux juniors. En 1992, Kirstie Otto avait conquis le bronze.

