

2007 Ishigaki BG Triathlon World Cup



Triathlon – World Cup

Starting Off the Season on the Right Foot, Placing 20th

Montréal, April 15, 2007 (Sportcom) – Triathlete **Kathy Tremblay** started the season by ranking 20th at the World Cup race in Ishigaki, Japan.

The Gatineau native finished the race in a time of 2 hours, 8 minutes and 14 seconds—3 minutes and 58 seconds behind the winner, Vanessa Fernandes of Portugal. Australian, Emma Snowsill, finished second with a time of 2 hours, 4 minutes and 34 seconds—17 seconds ahead of New Zealander, Debbie Tannerde.

“I swam like a leader. I was very fast, and I completed the transition in a flash. Once I was on the bike, I rode really well, and many of the girls were unable to hang on. However, I did not have a great run,” said Tremblay.

“I am really happy,” said the sparkling 24-year-old athlete. “This was a high calibre competition, comparable to a World Championship. Since it was the first race of the season, it wasn’t supposed to be the best, which is very encouraging. With more rest and training, I will have what it takes to climb up the podium, which is what I am aiming for. In short, this race was okay, but it can, and will, be even better.”

The Quebecker will have the opportunity to perform better in three weeks time, at the next stop on the World Cup circuit, which will be held in Lisbon, Portugal.

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