

Please note **Kathy Tremblay's comments have been added.**

Triathlon – Finale de la Série des Championnats du monde

Kathy Tremblay Finishes 30th

Montréal, September 13, 2009 (Sportcom) – **Kathy Tremblay** finished 30th, Sunday, at the World Triathlon Championship Series Final, which was held on the Gold Coast, Australia.

Australian Emma Moffat, who was third at the Beijing Olympics, won the race with a time of 1 h 59 min 14 s. She beat Lisa Norden, of Sweden, by 5 seconds, and Helen Jenkins, of the U.K., by 27 seconds.

Lauren Groves, of British Columbia—the only other Canadian woman in the race Sunday—finished 19th

As for Tremblay, she finished 5 min 48 s behind the winner. She completed the 1 500-m swim in 22 min 17s, the 40-km bike in 1 h 03 min 47 s, and the 10-km run in 38 min 13 s.

“I could have finished higher in the standings, but I have a hard time pushing myself to the limit when I know I’m not racing for a spot on the podium. Working hard to finish 20th is just not me,” said the athlete from Montréal.

“Even though I had a good start, there were a lot of waves, and I didn’t know where I was going; it’s like I lost my sense of direction, and I ended up leaving the water in the third group. And then, the girls in front were working really well, and it was impossible to catch up to them.”

In addition to the world title, Moffatt took first place overall in the World Championship Series. Tremblay finished 13th overall.

In the next few weeks, Tremblay will compete in two races in the Grand Prix de France, and will finish off her season on November 8, at the World Cup race in Huatulco, Mexico, depending on her physical fitness.

Interview : www.sportcom.qc.ca.

Written by: **Marco Brunelle et Éric Gaudette-Brodeur**

Information : 514-990-0966 or 1-866-990-0966

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