

Not a Good Start for Kathy Tremblay

Montréal, April 6, 2008 (Sportcom) –

In her first World Cup competition this season, **Kathy Tremblay** ranked 25th in an event in New Plymouth, New Zealand. The Montréaler, originally from Gatineau had a time of 2 h 5 min 52 s, finishing 4 min 51 s behind the winner, Australian Emma Moffatt. Lisa Norden of Sweden, and Felicity Abram of Australia rounded out the top three.

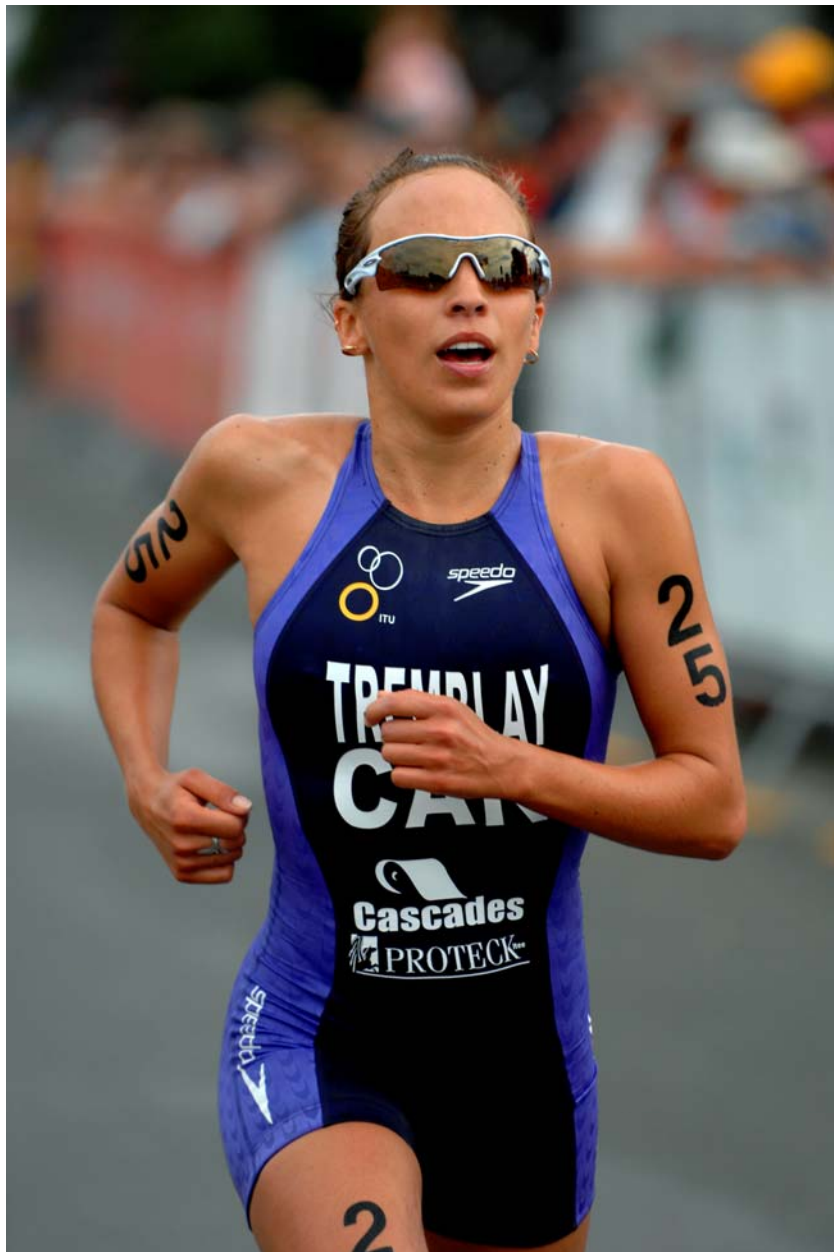
“It was really just a bad dream! When I arrived in New Zealand, I was bushed. Two days later, I had some good swimming workouts, and I was exactly where I should have been,” said Tremblay, disappointed. “During the swim, I was pushed out of the way on the first turn, and ended up under the buoy, which made me panic. I was eventually able to get back in the lead pack, but when I got out of the water before starting the second leg, I couldn’t run. It was the first time that had happened to me.”

Despite not performing as well as she had hoped, Tremblay can take consolation in the fact that fellow Canadian, Murray, did not meet the Olympic Team selection criteria either, which is to rank in the top 8 in a World Cup event.

“I can’t believe that these results reflect all the training I have done,” continued Tremblay. “I am swimming faster than ever. I have to turn over a new leaf; I don’t plan on stopping now. My problem is that I find it difficult to swim in a pack. I swim in a pool, and the first thing I’m going to do in my upcoming training sessions is ask my swimming partners to swim in a pack with me, and push me around.”

In the men’s event, which was won by Spaniard Javier Gomez, who is ranked second in the world, Canadian Paul Tichelaar placed sixth.

Kathy Tremblay will participate in the World Cup in Ishigaki, next Sunday.



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