

Triathlon – World Championship Series

K Kathy Tremblay Had a Good Start, But Then...

Montréal, August 6, 2011 (Sportcom) – **Kathy Tremblay** finished 45th in the Olympic triathlon rehearsal, Saturday. The race counted toward the World Championship Series and was held in Hyde Park, in the heart of London.

Albertan Paula Findlay finished 29th in the race. The athlete from Edmonton was forced to rest a few weeks after having injured her hip in June.

Helen Jenkins of Great Britain did not disappoint her many fans who came out to support her, winning the race in a time of 2 h 00 min 34 s. She was joined on the podium by American Gwen Jorgensen (2 h 00 min 41 s) and German Anja Dittmer (2 h 00 min 49 s).

Winner of the first three races in the World Championship Series this season, Findlay finished exactly 2 minutes behind Jenkins, while Tremblay finished in a time of 2 h 03 min 59 s.

"It started off so well. I had my best swim of the season," said the Quebecker, explaining that she didn't have to "go to war" in the water. "I swam so well, and I would say that it even almost was easy. I ended up in the lead peloton."



“The bike course was very technical and pretty flat, so it was really made for me,” she continued, explaining that she was well placed during the seven laps. “I was really looking forward to the run; my legs were ‘fresh’. Everything was going well.”

Unfortunately, the Montrealer was not as fast as she had anticipated. “I thought I would run fast because I felt good, but in the end...I think the other girls just ran faster and I ran at my normal speed.”

While disappointed with her result in the race, Tremblay is not disappointed with her efforts in training and she fully expects to continue her quest to participate in the Olympic Games in London, despite adversity.

“I now know what the Olympic course is like. There is still time to qualify and I think that, according to the criteria for qualification, (no female Canadians) will be selected before next year. I have to keep taking a chance.”

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